

M I Z U N A CATERING SERVICE

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THIS MENU IS PRICED PER PERSON. IF YOU WOULD LIKE TO OFFER YOUR GUESTS MORE THAN ONE MENU SELECTION,
JUST TAKE THE HIGHER PRICED ITEM AND ADD \$2 PER PERSON. THIS "SPLIT FEE" APPLIES TO ALL MENU CHOICES.

PLEASE ASK YOUR MIZUNA COORDINATOR FOR MORE DETAILS!

BREAKFAST & BRUNCH MENUS

CONTINENTAL SELECTIONS

WATER & ASSORTED JUICES, REGULAR & DECAF COFFEE SERVICE AND WHITE PLASTICWARE



CLASSIC CONTINENTAL | 8.75 PER PERSON

Assorted fresh Danish, donuts, muffins & "Country Bagel" bagels served with cream cheese, butter & jelly and a fresh fruit tray.

HEALTHY CONTINENTAL | 8.75 PER PERSON

Individual yogurts & granola bars, whole fruit and a fresh fruit tray.

CLASSIC & HEALTHY CONTINENTAL | 9.75 PER PERSON

Combine both the classic & healthy continental to satisfy everyone's breakfast needs!

CONTINENTAL EXPRESS

Fresh "Country Bagel" bagels with cream cheese, butter & jelly and regular & decaf coffee service.

20-50 people \$4.50; 50-75 people \$4.25; 75-100 people \$4.00; 100+ people \$3.75





HOT SELECTIONS

ALL SELECTIONS (EXCEPT THE CONTINENTAL EXPRESS) INCLUDE BOTTLED ALL SELECTIONS INCLUDE DANISH, DONUTS & MUFFINS, A FRESH FRUIT TRAY, BOTTLED WATER & ASSORTED FRUIT JUICES, REGULAR & DECAF COFFEE SERVICE AND WHITE PLASTICWARE



CHEESY SCRAMBLED EGGS | 10.75 PER PERSON

Eggs scrambled with Colby jack cheese and served with seasoned breakfast potatoes, bacon & sausage.

CALIFORNIA SCRAMBLED EGGS | 11.95 PER PERSON

Eggs scrambled with caramelized onions, bacon, mozzarella cheese & spinach. Served with breakfast potatoes and sour cream & salsa on the side.

FRITATTAS | 10.95 PER PRSON

Shoestring potatoes scrambled with eggs and your choice of ham & cheese, veggie & cheese or Italian. Served with bacon, sausage and sour cream & salsa on the side.

QUICHE | 12.95 PER PERSON *15 person minimum Made with homemade pastry crust. Your choice of broccoli & cheddar or ham & cheddar.

FRENCH TOAST | 10.75 PER PERSON

Served with syrup, butter, sausage & bacon. Add eggs for only \$2 more per person. We also make fruit stuffed and/or almond crusted French toast for only \$2 more per person.

PANCAKES | 10.75 PER PERSON

Served with syrup, butter, sausage & bacon. Add eggs for only \$2 more per person. Delicious chocolate chip and/or raspberry pancakes are only \$1 more per person.

A LA CARTE SELECTIONS

Smoked Salmon platter | 4.25 per person Individual Yogurts | 2.00 per person Granola and Fruit | 2.00 per person Granola Bars | 1.50 per person

COLD SANDWICH SELECTIONS

ALL COLD SANDWICH SELECTIONS INCLUDE YOUR CHOICE OF A GARDEN OR CAESAR SALAD, COOKIES & BROWNIES, BOTTLED WATER & ASSORTED SOFT DRINKS AND WHITE PLASTICWARE.

THE MIZUNA CLASSIC ASSORTMENT | 11.95 PER PERSON

An assortment of oven roasted turkey breast, tavern ham, Italian meats, freshly roasted top round of beef, tuna salad & vegetarian veggie on homemade grilled focaccia bread, baguettes, wraps & croissants. All sandwiches are made with provolone cheese, lettuce & tomatoes and are served with roasted peppers, roasted jalapenos & dijonaise on the side.



MIZUNA GOURMET SANDWICH ASSORTMENT | 14.75 PER PERSON

This creative sandwich lunch includes Grilled chicken, bacon & apple sandwiches on raisin bread, Marinated grilled steak with aged provolone & horseradish spread on croissants, Tavern ham & Swiss with 1000 island spread on marble rye, Roasted turkey, cheddar, bacon, avocado & chipotle mayo wraps, Blackened salmon with avocado on seeded baguettes and Roma tomato, basil & fresh mozzarella on grilled focaccia.



HOAGIES | 11.95 PER PERSON

An assortment of oven roasted turkey breast, Italian, freshly roasted top round of beef, tuna salad & vegetarian hoagies. All hoagies are made with provolone cheese, shredded lettuce, tomatoes & oregano. Includes diced onions, pickles, mayonnaise, oil & vinegar on the side.



ASSORTED SLICED BREAD SANDWICHES | 10.95 PER PERSON

The Classic Mizuna Assortment of oven roasted turkey breast, tavern ham, Italian meats, freshly roasted top round of beef, tuna salad & vegetarian veggie on white, whole grain, wheat & rye breads. All sandwiches are made with provolone cheese, lettuce & tomatoes and are served with roasted peppers, roasted jalapenos & dijonaise on the side.



STANDARD BOXED LUNCHES | 9.95 PER PERSON

Includes a Classic Mizuna Assortment sandwich, a bag of chips, 2 cookies, a beverage (served on the side) and condiment packets. Upgrade the sandwich to a Mizuna Gourmet Sandwich for only \$2 more per person.



UPGRADED BOXED LUNCHES | 10.95 PER PERSON

Includes a Classic Mizuna Assortment sandwich, potato salad, fruit salad, 2 cookies, a beverage (served on the side) and condiment packets. Upgrade the sandwich to a Mizuna Gourmet Sandwich for only \$2 more per person.

HOT SANDWICHES

ALL HOT SANDWICH SELECTIONS INCLUDE YOUR CHOICE OF A GARDEN OR CAESAR SALAD, COOKIES & BROWNIES, BOTTLED WATER & ASSORTED SOFT DRINKS AND WHITE PLASTICWARE. ALL HOT SANDWICHES ARE BUILD YOUR OWN. MEATS ARE SERVED IN A CHAFING DISH WITH ROLLS & CONDIMENTS ON THE SIDE.

MEXICAN FAJITA BAR | 12.95 PER PERSON

Marinated grilled chicken and ground beef, seasoned and served with soft flour tortillas, Mexican red rice & black beans, homemade mild salsa, sour cream & shredded Colby jack cheese on the side. Comes with cinnamon chips & a Mexican Salad. Vegetarian fajitas available. Add our Fresh Salsa Bar for only \$2 more per person.

ROAST BEEF SANDWICHES | 11.95 PER PERSON

Served in a hearty au jus with provolone cheese, American cheese, horseradish cream, roasted peppers & roasted jalapenos on the side.

ROASTED TURKEY SANDWICHES | 11.95 PER PERSON

Served in our homemade turkey gravy with provolone cheese, American cheese, roasted peppers & roasted jalapenos on the side.

PHILADELPHIA CHEESE STEAKS | 11.95 PER PERSON

Served with ketchup, mayonnaise, roasted peppers, roasted jalapenos and fried onions on the side. Add fried mushrooms or sautéed spinach for an additional \$0.50 each.

GRILLED CHICKEN SANDWICHES | 11.95 PER PERSON

Marinated chicken breasts, grilled and served with provolone & American cheeses, lettuce, tomatoes, onions, roasted peppers and roasted jalapenos on the side.

16 HOUR SLOW SMOKED PULLED PORK SANDWICHES | 11.95 PER PERSON

Pork butt slow smoked with hickory wood in our smoker and served in our smoky Carolina style au jus with Colby Jack Cheese & BBQ sauce.

16 HOUR SLOW SMOKED BEEF BRISKET SANDWICHES | 11.95 PER PERSON

Beef Brisket, rubbed with our house seasoning and slow smoked with hickory wood in our smoker. Served in our smoky Carolina au jus with Colby Jack Cheese & BBQ sauce.

SAUSAGE & PEPPER SANDWICHES | 11.95 PER PERSON

Grilled sausage sautéed with caramelized bell peppers & onions and served in homemade marinara. Served with provolone cheese & hot pepper flakes on the side.

MEATBALL PARM SANDWICHES | 11.95 PER PERSON

Homemade meatballs served in our marinara with provolone cheese, parm cheese & crushed red pepper flakes on the side.

CHICKEN PARM SANDWICHES | 11.95 PER PERSON

Breaded and fried chicken breasts served in our homemade marinara and topped with mozzarella cheese. Served with crushed red pepper flakes & parm cheese on the side. Egaplant Parm Sandwiches available for vegetarians.

CHICKEN & PEPPER PITA BAR | 11.95 PER PERSON

Marinated grilled chicken and peppers, sauteed and served with herbed rice, shredded Colby jack cheese, tomatoes, sour cream and ranch dressing on the side. Grilled eggplant & pepper pitas available for vegetarians.

ROASTED PORTOBELLO SANDWICHES | 11.95 PER PERSON

A great vegetarian sandwich option! Roasted Portobello mushrooms topped with roasted red peppers & mozzarella cheese and served with a spicy aioli on the side.

SLICED FLANK STEAK SANDWICHES | 15.95 PER PERSON

Marinated and grilled flank steak, sliced thin and served with horseradish cream, provolone cheese, roasted peppers & roasted jalapenos on the side.











HOT PASTA DISHES

All hot pasta dishes include your choice of a garden or caesar salad, your choice of dinner rolls & butter or garlic bread, cookies & brownies, bottled water & assorted soft drinks and white plasticware

CHICKEN PESTO PASTA | 12.95 PER PERSON

Our most popular hot pasta dish! Penne pasta tossed with freshly grilled chicken, broccoli & sun dried tomatoes, served in creamy pesto sauce and topped with parmesan cheese.



PASTA PRIMAVERA | 11.95 PER PERSON

Penne sautéed with fresh broccoli, carrots, bell peppers, zucchini & mushrooms and served in our creamy Alfredo sauce. Add some chicken for \$1.00 more

SUPER CHEESY BAKED ZITI | 10.95 PER PERSON

Ziti noodles mixed with our homemade marinara and special ricotta mixture, topped with lots of mozzarella cheese and baked until golden brown and delicious.

PENNE ALLA VODKA | 11.95 PER PERSON

Served with sautéed bell peppers in our vodka cream sauce and topped with basil.

CHICKEN RIGATONI MARSALA | 12.95 PER PERSON

Rigatoni tossed with chicken and button mushrooms and served in our homemade marsala sauce.

BLACKENED SALMON PENNE | 17.95 PER PERSON

Fresh Atlantic salmon, blackened in our secret seasoning, pan seared and served over our Creole tomato sauce with penne.

CHICKEN & PROSCUITTO PENNE | 12.95 PER PERSON

Grilled chicken & sliced proscuitto in a creamy white wine basil sauce.

CAJUN PASTA | 12.95 PER PERSON

Marinated grilled chicken and spicy andouille sausage, green peppers & onions, simmered in our homemade Creole sauce and served over penne.



MEXICAN LASAGNA | 12.95 PER PERSON

Flour tortillas layered with seasoned taco beef & bell peppers, smothered in poblano ranchero sauce and topped with Colby jack cheese. Includes a Mexican salad & cinnamon chips.

HOMEMADE LASAGNA | 11.95 PER PERSON

Baked cheesy lasagna. Can also be layered with your choice of spinach, grilled vegetables or ground beef for an additional \$1 per person.

CHICKEN PARMESAN & BAKED ZITI | 12.95 PER PERSON

Traditional breaded & fried chicken cutlets served in our homemade marinara, topped with mozzarella cheese and baked to perfection. Served with a side of our super cheesy baked ziti.

EGGPLANT PARMESAN & BAKED ZITI | 11.95 PER PERSON

Traditional breaded & fried eggplant slices served in our homemade marinara, topped with mozzarella cheese and baked to perfection. Served with a side of our super cheesy baked ziti.

BEEF STROGANOFF | 12.95 PER PERSON

Tender beef strips simmered in a rich beef gravy. Served with a side of rigatoni and sour cream.

HEALTHY SUMMER VEGETABLE PASTA AIOLI | 11.95 PER PERSON

Lots of healthy veggies sauteed with an aioli sauce made of onions, garlic & extra virgin olive oil. Served with whole wheat penne.



STUFFED SHELLS | 9.95 PER PERSON

Ricotta stuffed shells served in homemade marinara sauce and topped with parmesan cheese & parsley.

TURKEY TETTRAZINI | 11.95 PER PERSON

Homemade roasted turkey breast tossed with our creamy Alfredo sauce & linguini. Topped with bread crumbs and baked, casserole style.

RAVIOLI FLOURENTINE | 11.95 PER PERSON

Cheese ravioli served in marinara and topped with freshly sautéed baby spinach.

BEEF & POULTRY ENTRÉE DISHES

ALL ENTRÉE SELECTIONS INCLUDE YOUR CHOICE OF A SIDE (PLEASE SEE SIDE MENU) GARDEN OR CAESAR SALAD, DINNER ROLLS & BUTTER, COOKIES, BROWNIES & CAKE SLICES, BOTTLED WATER & ASSORTED SOFT DRINKS AND CLEAR PLASTIC WARE.

PAN SEARED FILET MIGNON 60Z|\$24 PER PERSON; 80Z|\$28 PER PERSON

Choice cut filet steaks, pan seared & served medium rare in our homemade rosemary demi-glace.



CHOICE CUT PRIME RIB | 19.95 PER PERSONServed medium rare in au jus.

ROASTED TOP ROUND OF BEEF | 15.95 PER PERSONServed in our homemade rosemary wine sauce.

NEW YORK STRIP STEAKS | 19.95 PER PERSON

Grilled and served medium rare in rosemary wine sauce.

GRILLED HANGAR STEAKS | 19.95 PER PERSON

Marinated hangar steaks, grilled & served medium rare in red wine sauce topped with blue cheese.

BEEF, CHICKEN & SHRIMP SKEWERS | 18.95 PER PERSON

Marinated beef loin, chicken & and shrimp, skewered with bell peppers & red onions, mushrooms and cherry tomatoes



ITALIAN SHEPHERD'S PIE | 13.95 PER PERSON

Shepherd's pie made with ground beef, Italian sausage, garlic broccoli rabe. Topped with mashed potatoes, provolone and baked.

STUFFED CHICKEN BREASTS | 16.95 PER PERSON

Our most popular chicken dish! Tender breasts of chicken, stuffed with spinach & sun dried tomatoes and served in our homemade marsala wine sauce.

PROSCIUTTO & BASIL STUFFED CHICKEN | 17.95 PER PERSON

Our stuffed chicken breasts with thinly sliced prosciutto.

CHICKEN PICATTA | 15.95 PER PERSON

Tender breasts of chicken, sautéed & served in a white wine & butter sauce and topped with capers.



CHICKEN & ARTICHOKES | 15.95 PER PERSON

Medallions of chicken and artichokes, sautéed and served in our homemade marsala wine sauce.

CHICKEN MARSALA | 15.95 PER PERSON

Thin cut chicken breasts, sautéed & served in our homemade marsala wine sauce with mushrooms.

CHICKEN STIR-FRY | 12.95 PER PERSON

Chicken & Asian vegetables stir fried and served with steamed rice and an oriental salad.

CHICKEN CROQUETTES \$12.95 PER PERSON

A delicious mixture of chicken, sautéed onions, celery and fresh parsley, rolled in breadcrumbs and fried. Served with homemade gravy.

GRILLED CHICKEN BREAST \$16.95 PER PERSON

Chicken breasts marinated in our own marinade and grilled to perfection. Served in creamy roasted red pepper sauce.

HERBED BAKED CHICKEN \$14.95 PER PERSON

Chicken thighs, legs, wings & breasts marinated in fresh herbs and extra virgin olive oil and baked to a juicy perfection.

ROASTED TURKEY \$13.95 PER PERSON

Herb & olive oil coated turkey breasts, slow roasted, sliced and served in our homemade turkey gravy.

THANKSGIVING DINNER \$16.95

Traditional thanksgiving dinner with all the fixins! Our roasted turkey, stuffing, corn, gravy & homemade cranberry sauce.

SMOKED TURKEY MEATLOAF \$14.95 PER PERSON

Taking meatloaf to the next level, baked and topped with Carolina BBQ sauce. Comes with cheddar smash potatoes and corn

PORK, SEAFOOD & VEGETARIAN ENTRÉE DISHES

ALL ENTRÉE SELECTIONS INCLUDE YOUR CHOICE OF A SIDE (PLEASE SEE SIDE MENU) GARDEN OR CAESAR SALAD, DINNER ROLLS & BUTTER, COOKIES, BROWNIES & CAKE SLICES, BOTTLED WATER & ASSORTED SOFT DRINKS AND CLEAR PLASTIC WARE.

JERK PORK TENDERLOIN | 16.95 PER PERSON

Pork tenderloin rubbed with our special jerk seasoning and grilled. Topped with mango salsa and served with coconut rice and fresh cilantro.



ROASTED STUFFED PORK LOIN | 16.95 PER PERSON

Pork loin stuffed with dried apricots and spinach. Rolled in a spiral and baked to a succulent finish.

BAKED PIT HAM | 12.95 PER PERSON

Fresh, slow-roasted ham served with our brown sugar & pineapple glaze.

HONEY TERIYAKI PORK TENDERLOIN | 16.95 PER PERSON

Teriyaki marinated pork tenderloin roasted with a honey glaze. Served with sesame soy lo mein noodles and vegetables.



SALMON FLOURENTINE | 18.95 PER PERSON

Grilled, marinated salmon served a spinach and white wine basil sauce.

SALMON STRUEDEL | 24.95 PER PERSON

A house favorite! Salmon & creamed leeks wrapped in flaky phyllo dough and baked until golden and delicious.

SALMON TERIYAKI | 18.95 PER PERSON

Pan seared crispy salmon drizzled with teriyaki sauce and served with sesame soy lo mein noodles and vegetables.

MARYLAND CRAB CAKES | 25.95 PER PERSON

Hand formed and made with jumbo lump crabmeat & our secret crab cake mix. Pan seared and served with a fresh chile mango sauce



SEAFOOD & CHICKEN PAELLA | 19.95 PER PERSON

A classic Mediterranean rice dish (mildly spicy), made with clams, shrimp, scallops, chicken & saffron.

MARYLAND CRAB CAKES | 24.95 PER PERSON

Hand formed and made with jumbo lump crabmeat & our secret crab cake mix. Pan seared and served with a fresh chile mango sauce

FLUKE FLOUNDER FRANCESE | 17.95 PER PERSON

Fresh flounder dipped in eggs & parsley, pan seared and served in a white wine butter sauce with lemons, capers & toasted almonds.

POTATO CRUSTED PACIFIC HALIBUT | 22.95 PER PERSON

Pan seared and served in sun dried tomato pesto sauce.

BLACKENED AHI TUNA STEAKS | 21.95 PER PERSON

Ahi Tuna steaks coated in our secret blackening seasoning grilled to medium rare and topped with a delicious seven onion sauce.



VEGETARIAN ROASTED VEGETABLE STRUEDEL | 15.95 PER PERSON

A mixture of roasted zucchini, squash, bell peppers, carrots & onions, wrapped in phyllo dough and baked until golden brown.

STUFFED PEPPERS | 12.95 PER PERSON

Bell peppers stuffed with beef, Italian sausage & rice with tomato sauce

STUFFED EGGPLANT | 12.95 PER PERSON

Eggplant stuffed with sautéed eggplant and broccoli, herbed rice & mozzarella cheese in tomato sauce

SIDE SALADS & ENTRÉE SALADS

SIDE SALADS

GARDEN SALAD \$1.75 PER PERSON

Romaine & green leaf lettuces topped with tomatoes, carrots, cucumbers, mushrooms & croutons. Includes the chef's choice of 3 homemade dressings on the side.



CAESAR SALAD \$1.75 PER PERSON

Romaine & green leaf lettuces freshly tossed with parm cheese & croutons and our own secret recipe Caesar dressing. Add grilled chicken for \$1 more per person.

PENNE PASTA SALAD \$1.75 PER PERSON

Penne tossed with broccoli, tomatoes, carrots, basil, roasted garlic, parm cheese and roasted red pepper vinaigrette.

HOME-STYLE POTATO SALAD \$1.75 PER PERSON

MACARONI SALAD \$1.75 PER PERSON

THE MIZUNA FRESH FIELD SALAD \$2.75 PER PERSON

Spring mix lettuces tossed with diced tomatoes, blue cheese crumbles, walnuts & your choice of balsamic or raspberry vinaigrette.

FRESH FRUIT SALAD \$1.95 PER PERSON

TORTELLINI SALAD \$1.95 PER PERSON

Tri-colored cheese tortellini's, pepperoni, sun dried tomatoes, basil & black olives. Tossed in tomato basil vinaigrette.

TURKEY CLUB SALAD \$1.95 PER PERSON

Romaine & green leaf lettuces topped with fresh roasted turkey, bacon, tomato, red onion & cheddar cheese. Includes the chef's choice of 3 homemade dressings on the side.

TOMATO, BASIL & FRESH MOZZARELLA SALAD \$1.95 PER PERSON

Roma tomatoes, red onion and basil, tossed with balsamic vinaigrette and topped with buffalo mozzarella cheese. Served a top a bed of spring mix lettuces.

MEXICAN SALAD \$1.95 PER PERSON

Romaine & green leaf lettuces topped with fresh cilantro, tomatoes, shredded Colby cheese, red onions & black olives and topped with homemade tortilla chips. Includes the chef's choice of 3 Mexican style dressings.

JADE RICE & GRAPES SALAD \$1.95 PER PERSON

Rice coated in a sweet parsley & lemon pepper vinaigrette. A house favorite!

CHILLED GRILLED VEGGIE SALAD \$2.50 PER PERSON

Marinated zucchini, squash, carrots, bell peppers, mushrooms & onions, grilled and served with spring mix lettuces, fresh mozzarella cheese and served with balsamic vinaigrette on the side.

ENTRÉE SALADS

ALL ENTRÉE SALADS CAN BE SERVED
AS A/SIDE SALAD

ORIENTAL SEAFOOD SALAD / MARKET PRICE

Fresh lobster claws & tails, U 16-20 shrimp, sesame seared #1 Ahi Tuna & glazed eel displayed over spring mix lettuces with sliced avocado, bean sprouts and slivered daikon radish. Served with our citrus soy dipping sauce & Japanese steakhouse dressing.



SESAME SEARED TUNA SALAD | 16.95/6.00 PER PERSON

Sesame seared #1 Ahi Tuna served over a bed of spring mix lettuces with sliced avocado, slivered cucumber, bean sprouts and tomatoes. Served with our citrus soy vinaigrette & Japanese steakhouse dressing.

PAN SEARED SALMON & ORZO SALAD | 16.95/6.00

Orzo pasta tossed with freshly flaked salmon, diced zucchini, squash, red onion & parmesan cheese. Tossed with our homemade Italian dressing and topped with chunks of Pan Seared Salmon. A house favorite!

AVOCADO BOATS | \$9.00 PER PERSON | AVOCADO SALAD \$8.00

Avocado shells filled with a refreshing mix of fresh avocado, jumbo lump crab meat, red onions cilantro and freshly squeezed lime juice. Served a top a bed of spring mix lettuces.

LONDON BROIL AND JADE RICE SALAD | 15.95/6.00

Tender strips of marinated and grilled London broil served over our Jade Rice & Grapes Salad.

BLACKENED CHICKEN PASTA SALAD | 12.95/5.00 PER PERSON

Blackened chicken served with penne pasta, tomatoes & extra virgin olive oil. Served over a bed of spinach with Cajun honey Dijon dressing. Substitute blackened salmon for an additional \$5 per person.

ORIENTAL BARBECUED CHICKEN SALAD 12.95/5.00 PER PERSON

Chicken breasts grilled and glazed in our oriental BBQ sauce. Served with sesame-soy lo mein noodles and freshly steamed Asian veggies, a top a bed of spring mix lettuces. Served with Japanese steakhouse dressing & Siracha sauce on the side. Substitute Oriental BBQ Salmon for an additional \$15.95/\$5 per person.

SALAD BARS, SALAD DRESSINGS, SOUPS & SIDE DISHES

SALAD BAR SELECTIONS

SALAD BARS INCLUDE THE CHEF'S CHOICE OF 3 HOMEMADE DRESSINGS,
DINNER ROLLS & BUTTER, COOKIES & BROWNIES, BOTTLED WATER &
ASSORTED SOFT DRINKS AND WHITE PLASTICWARE.

GARDEN SALAD BAR | 10.95 PER PERSON

Lettuce, carrots, broccoli, mushrooms, tomatoes, eggs, grilled chicken, cheddar cheese, pasta & croutons.

CHEF SALAD BAR | 11.95 PER PERSON

Everything on the Garden Salad Bar, plus ham, turkey, spinach, bacon bits and flaked tuna.

CALIFORNIA SALAD BAR | 13.95 PER PERSON

Fresh field mix, warm grilled chicken, war grilled vegetables, tomatoes, avocado, feta cheese parmesan cheese, black olives and eggs.

NEW ORLEANS SALAD BAR | 16.95 PER PERSON

Spinach & field mix with blackened chicken, blackened salmon, bacon, tomatoes, peppers, cheddar cheese, parmesan cheese & sun dried tomatoes.

HOMEMADE DRESSINGS

Honey Jalapeno, Blue Cheese, Raspberry Vinaigrette, French, Creamy Peppercorn, Poppy Seed, Peanut Pepper, Creamy Roasted Red Pepper, 1000 Island, Mango Vinaigrette, Ranch, Japanese Steakhouse, Balsamic Vinaigrette, Oil & Vinegar, Italian, Tomato Basil Vinaigrette, Honey Dijon, Caesar, Low Cal Ranch, Low Cal Creamy Italian.

HOMEMADE SOUPS

ALL SOUPS ARE \$2 PER PERSON. A PERFECT ADDITION TO ANY COLD SANDWICH LUNCH!

CHICKEN NOODLE

BEEF VEGETABLE

BAKED POTATO

AWARD WINNING CHILI

MINESTRONE

MEXICAN CHICKEN TORTILLA

WEGETARIAN VEGETABLE

BROCCOLI CHEDDAR

CHEESEBURGER

ITALIAN WEDDING

THE CHEF IS ABLE TO PREPARE ANY KIND OF SOUP YOU WOULD LIKE.

JUST ASK!

SIDE DISHES

ALL "ENTREE SELECTIONS" INCLUDE YOUR CHOICE OF A SIDE DISH.

ALL SIDE DISHES ARE \$2.95 PER PERSON

VEGGIES

Grilled Veggies

Steamed Veggie Medley

Zucchini & Squash Sautee

Green Beans Almondine

Grilled Asparagus

Steamed Broccoli

Broccoli Rabe

POTATOES

Roasted Yukon Gold Potatoes

Roasted Garlic Smashed Potatoes

Mashed Potatoes

Scalloped Potatoes

Red Bliss Potatoes

RISOTTO, RICE & NOODLES

Wild Mushroom Risotto

Pumpkin Risotto

Butternut Squash Risotto

Savory Saffron Rice

Herbed Rice

Penne Pomodoro

Whole Wheat Penne Aioli

Sesame Soy Lo Mein Noodles

COLD HORS D' OEUVRES

PRICES ARE BASED ON 2 PIECES PER PERSON. OTHER QUANTITIES AVAILABLE. PLEASE ASK YOUR MIZUNA COORDINATOR FOR MORE INFORMATION. INCLUDES WHITE PLASTIC PLATES & COCKTAIL NAPKINS.

AVOCADO & CRAB SALAD | 7.00 PER PERSON

Avocado salad with red onions, cilantro & freshly squeezed lime juice, topped with jumbo lump crab meat and served with fresh tortilla chips and homemade mild salsa.



CHEESE, FRUIT & VEGETEBALE DISPLAY | 3.50 PER PERSON Includes crackers, mustard & dips.

CHEESE DISPLAY | 2.50 PER PERSON

Includes crackers & mustard.

CHEESE & FRESH FRUIT DISPLAY | 3.00 PER PERSON

Includes crackers & mustard.

CHEESE & VEGETABLE DISPLAY | 3.00 PER PERSON

Includes crackers, mustards & dips.

FRESH FRUIT KEBABS | 3.00 PER PERSON

Made with 4 large chunks of fresh fruit. Served with honey yogurt fruit dip.

COCKTAIL FRUIT PICKS | 1.75 PER PERSON

Made with 2 chunks of fresh fruit. Served with honey yogurt dip.

MEDITERRANEAN DISPLAY | 4.50 PER PERSON

A beautiful display of roasted red peppers, fresh mozzarella, marinated tortellini, imported olives, artichokes, broccoli rabe, aged provolone, pepperoncini & salami. Served with grilled focaccia sticks, crackers & fresh baguette rounds.



SPINACH VEGGIE DIP | 2.25 PER PERSON

Our secret blend of spinach, spices and cheese and served in a fresh pumpernickel bread bowl with fresh bread cubes for dipping.

ARTICHOKE DIP | 2.25 PER PERSON

A blend of artichoke hearts, roasted garlic and cheese and served with fresh baguette rounds and crackers.

TABULI & FRESH HUMMUS | \$2.75 PER PERSON

Traditional cracked wheat salad served with chickpea hummus and curried pita chips.

TOMATO, BASIL & FRESH MOZZARELLA CROSTINIS | 2.00 PERSON

Diced tomatoes, basil & fresh mozzarella mixed with balsamic vinaigrette and served on top of a freshly baked crostini.

SOUTHWEST TORTILLA ROLL UPS \$2.50 PER PERSON

A delicious blend of southwestern spices and cream cheese, spread over a flour tortilla with grilled chicken, slivered tomatoes & sliced avocado. Rolled up and cut in to bite sized pieces. Served with our homemade mild salsa.



SMOKED SALMON CANAPÉS \$2.50 PER PERSON

Smoked salmon roulade made with herbed cream cheese, sliced and served on a cracker.

CAJUN SHRIMP CANAPÉS \$2.50 PER PERSON

Pan seared shrimp and sweet mustard cream spread served on a cracker

HONEY BRUSCHETTA \$3 PER PERSON

A French baguette crostini topped with goat cheese and pine nuts. Toasted and drizzled with honey.

ASSORTED SUSHI DISPLAY \$4.00 PER PERSON

A delicious assortment of hand rolled sushi. Includes CA rolls, spicy tuna rolls, shrimp tempura rolls, eel rolls and more! Served with traditional wasabi, pickled ginger & soy sauce.



SHRIMP COCKTAIL \$3.75 PER PERSON

U 16-20 Shrimp served with lemon wedges & cocktail sauce.

SPICY TUNA WON TON CUPS \$3.75 PER PERSON

#1 Ahi Tuna tartar mixed with spicy mayo, served in freshly made fried won ton cups and topped with diced scallions.

PROSCUITTO OSCARS \$2.75 PER PERSON

Proscuitto wrapped asparagus spears with herbed cream cheese. Served with raspberry vinaigrette for dipping.

CAPRESE SKEWERS \$2.75 PER PERSON

Fresh mozzarella balls, grape tomatoes and fresh basil served on a bamboo skewer and drizzled with a balsamic reduction.

HOT HORS D'OEUVRES

PRICES ARE BASED ON 2 PIECES PER PERSON. OTHER QUANTITIES AVAILABLE. PLEASE ASK YOUR MIZUNA COORDINATOR FOR MORE INFORMATION. INCLUDES WHITE PLASTIC PLATES & COCKTAIL NAPKINS.

BAKED BRIE | 3.25 PER PERSON

Creamy brie cheese topped with brown sugar, honey, toasted walnuts. Baked and garnished with fresh raspberries. Served with crackers.



VEGETARIAN JAPANESE SPRING ROLLS | 2.75 PER PERSON

Marinated oriental vegetables wrapped in a thin spring roll wrapper and fried. Served with duck sauce.

CHEESE STEAK SPRING ROLLS | 2.75 PER PERSON

Traditionally cooked Philadelphia cheese steak meat and American cheese rolled in a spring roll wrapper and fried. Served with a sweet-hot chipotle dip and ketchup.



BUFFALO CHICKEN SPRING ROLLS | 2.75 PER PERSON

Grilled chicken mixed with our secret buffalo sauce, rolled in a spring roll wrapper and fried. Served with blue cheese dip.

MINI CRAB CAKES | 4.00 PER PERSON

Hand formed crab cakes made with jumbo lump crabmeat, pan seared and served with fresh mango salsa.

SOUTHWEST WON TONS | 2.50 PER PERSON

Spicy chicken blended with jalapenos and colby cheese, wrapped in a won ton wrapper and fried. Served with creamy salsa dip.

CAJUN CHICKEN & ANDOUILLE SAUSAGE SKEWERS | 2.75 PER PERSON *Glazed with our voodoo BBQ sauce and grilled.*

STUFFED MUSHROOM CAPS | 3.50 PER PERSON

Button mushrooms stuffed 3 ways; crab, spinach & cheese and sausage.

ITALIAN RICE DUMPLINGS | 2.25 PER PERSON

Risotto balls made with pesto & parm cheese, breaded and fried. Served with marinara for dipping.

HAWAIIAN CHICKEN SATAY'S | 2.75 PER PERSON

Grilled chicken skewers served in teriyaki sauce with fresh pineapple chunks and topped with toasted black & white sesame seeds.

GRILLED KEBABS | 3.50 PER PERSON

Generous chunks of marinated beef, chicken & shrimp with bell peppers & onions, grilled to perfection.

CHICKEN FINGERS | 2.25 PER PERSON

Italian style breaded chicken fingers, fried and served with ketchup, honey mustard & BBQ sauce for dipping.

ARKANSAS HUSH PUPPIES | 2.00 PER PERSON

Sweet and savory corn puffs served with a remoulade sauce.

GOURMET PIZZAS | 2.75 PER PERSON

Hand made mini pizzas cut into bite sized pieces. BBQ chicken, pepperoni, cheese and tomato, basil & fresh mozzarella.

HOT ARTICHOKE DIP | 2.75 PER PERSON

Baked artichoke dip made with roasted garlic, Colby cheese, parmesan & cream cheese and served with crackers and fresh baquette rounds.

SPICY JALAPENO FONDUE | 2.75 PER PERSON

A spicy blend of Colby cheese and jalapeno peppers served with crusty bread cubes for dipping.

STUFFED BLISS | 2.75 PER PERSON

Roasted baby red bliss potatoes stuffed with cheese, bacon & sour cream and baked.

SHRIMP LEJON | 4.00 PER PERSON

Bacon & horseradish wrapped U 16-20 shrimp, baked to perfection.



SCALLOPS RUMAKI | 3.75 PER PERSON

Sea Scallops wrapped in bacon & baked to perfection.

MINI MEATBALLS | 2.00 PER PERSON

Hand formed mini meatballs served in our stroganoff sauce with sour cream.

WILD MUSHROOM MINI POUCHES | 2.75 PER PERSON

Portobello, button & shitake mushroom duxelle in crispy phyllo purses

CAJUN PIEROGIES | 2.25 PER PERSON

Cheese pierogies pan fried with our secret blend of Cajun spices and served with caramelized onions & sour cream.

DESSERTS

FANCY FINGER PASTRIES | 16.00 PER DOZEN

Mini assorted cream puffs, éclairs, fruit tartlets & cannolis.

COOKIES & BROWNIES | 2.00 PER PERSON

Freshly baked assorted cookies & brownies.



ASSORTED CAKE SLICES | 2.00 PER PERSON

The chef's selection of delicious assorted cake slices.

FRESH FRUIT DISPLAY | 3.00 PER PERSON

Served with honey yogurt fruit dip.

BANANAS FOSTER BREAD PUDDING | 4.00 PER PERSON

Served with our warm caramel topping.

SPECIALTY CAKES | MARKET PRICE

We also do cakes for weddings, baby & bridal showers, birthday parties, etc. Your Mizuna Event Coordinator will work with you to select the perfect cake for your special event!

WARM APPLE CRISP | 4.00 PER PERSON

Freshly sliced apples mixed with brown sugar and topped with a delicious crumble. Add ice cream for \$1 more per person.

CHOCOLATE FONDUE | 5.00 PER PERSON

Warm, melted chocolate served with fresh strawberries, pineapple chunks, bananas, cookies, brownie pieces, pound cake, pretzels & marshmallows. A party favorite!

ROASTED BANANAS | 3.50 PER PERSON

Fresh bananas sautéed in a delicious brown sugar glaze.

POUND CAKE | 3.50 PER PERSON

Topped with homemade strawberry mousse.

DIRT CAKE | 2.00 PER PERSON

Our personalized secret recipe! Layers of Oreo cookie crumbles with sweet vanilla pudding and homemade whipped topping. Topped with gummy worms.



SNACKS

THE BASIC | 2.75 PER PERSON

Cookies & Brownies.

MUNCHIE | 4.00 PER PERSON

Chips, snack mix, cookies & brownies.

ENERGIZER | 6.50 PER PERSON

Granola bars, yogurts & a fresh fruit tray.

HEALTHY TREAT | 2.75 PER PERSON

A seasonal fresh fruit tray served with honey yogurt fruit dip.

VENDORS DELIGHT | 4.00 PER PERSON

Various bagged goodies, munchies & candy bars.

THE WAKE UP CALL | 5.50 PER PERSON

Chips, lots of chocolate & coffee service.

SALSA BAR | 6.00 PER PERSON

Our homemade fresh salsas (mild, hot, pineapple & grilled tomato), served with guacamole, roasted jalapenos & fresh tortilla chips.

SOUTHWEST TORTILLA ROLL UPS | 3.75 PER PERSON

A delicious blend of southwestern spices and cream cheese, spread over a flour tortilla with grilled chicken, slivered tomatoes & sliced avocado. Rolled up and cut in to bite sized pieces. Served with our homemade mild salsa.

MEXICAN FIESTA | 4.50 PER PERSON

Homemade cinnamon chips, tortilla chips and fresh salsa.

CHOCOLATE FONDUE | 4.50 PER PERSON

Warm, melted chocolate served with fresh strawberries, pineapple chunks, bananas, cookies, brownie pieces, pound cake, pretzels & marshmallows.

STUFFED BAGUETTES | 4.50 PER PERSON

A variety of chicken, turkey and tuna salad, stuffed into a fresh baguette and cut in to bite sized medallions.

CHEESE & CHOCOLATE | 7.50 PER PERSON

Our warm chocolate fondue and a cheese & cracker tray.

PHILLY PREZLEL AND TASTY CAKE | 4.00 PER PERSON

Soft Pretzels & assorted Tasty Cakes.



THEME PRESENTATIONS

BBQ'S, PICNICS & GRILLING STATIONS

All BBQ'S & GRILLING STATIONS INCLUDE COOKIES & BROWNIES, BOTTLED WATER & ASSORTED SOFT DRINKS (1 BEVERAGE PER PERSON) AND WHITE PLASTICWARE. WE ALSO SUPPLY A PLEASANT, PROFESSIONAL STAFF WHO COME PREPARED WITH ALL OF THE NECESSARY COOKING, GRILLING & SERVING EQUIPMENT, INCLUDING A TENT, TABLES & LINENS FOR THE BUFFET.

LABOR IS NOT INCLUDED. PLEASE WORK WITH YOUR MIZUNA COORDINATOR TO DETERMINE LABOR COSTS. THERE IS A \$40 DISCOUNT FOR SUPPLYING YOUR OWN GRILL & PROPANE FOR PARTIES UNDER 50 PEOPLE.

PICNICS & BBQ'S



THE MIZUNA PICNIC | 13.95 PER PERSON

5.3 oz all-beef hamburgers, jumbo all-beef hot dogs, Martin's potato buns, corn on the cob, southern style baked beans, home style potato salad & cole slaw. Served with American cheese, lettuce, tomatoes, onions, ketchup, mayo, mustard, pickles & relish.

THE ALL AMERICAN PICNIC | 14.95 PER PERSON

Everything on the Mizuna Picnic, plus bbg chicken breasts.

THE SOUTHERN RIB BBQ | 16.95 PER PERSON

Everything on the Mizuna Picnic, plus our St. Louis style "fall of the bone," slow cooked ribs. Glazed with our own bbq sauce, with extra on the side.

BBQ SUPREME | 17.95 PER PERSON

Everything on the All American Picnic, plus our St. Louis style "fall of the bone" slow cooked ribs.

CAJUN SEAFOOD BOIL | 25.00 PER PERSON (OR MARKET PRICE)

Everything on the Mizuna Picnic, plus steamed Maryland blue crabs, steamed littleneck clams, shrimp, scallops & andouille sausage with Old Bay Seasoning. Served with drawn butter. King crab legs available at an additional cost. 50 person minimum please!

PIG ROAST | MARKET PRICE

Add a whole, slow roasted pig to your party! Served with our bbq sauce, kaiser rolls, roasted jalapenos, roasted pepper & provolone cheese.

OUTDOOR GRILLED FAJITA STATION



OUTDOOR GRILLED FAJITA STATION | 17.95 PER PERSON

Build your own fajitas while your master griller cooks your fajita meat to perfection! Labor is NOT included. Please speak with your Mizuna Coordinator for labor charges. Meat is served on skewers and includes chicken skewers as well as beef skewers with peppers & onions. Vegetable skewers available upon request.

Upgrade your skewers with Shrimp and/or Tuna for an additional \$3 per person.

Grilled fajita station includes a Mexican salad with 3 Mexican style dressings, black beans, Mexican red rice, fresh salsa, shredded colby jack cheese, sour cream and homemade tortilla & cinnamon chips.

Add our Salsa Bar for only \$4 more per person.

Our Salsa Bar: Mild salsa, hot salsa, fresh pineapple salsa, grilled tomato salsa & guacamole with homemade Tortilla chips.



THEME PRESENTATIONS

ACTION & CARVING STATIONS

PASTA STATION



PASTA STATION | STARTING AT 27.00 PER PERSON

Pasta Station includes your choice of two hot and two cold hors d'oeuvres (\$3.00 and under), dinner rolls & butter, your choice of a garden or Caesar salad, cookies & brownies, bottled water & assorted soft drinks (1 beverage per person) and white plasticware. Clear plasticware available for an additional \$0.50 per person.

PASTA STATIONS ARE COOKED TO ORDER BY PROFESSIONAL & ENTERTAINING COOKS. LABOR IS NOT INCLUDED IN THE PRICE PER PERSON.

Add additional "options" for \$0.25 more each per person. Optional meats are an additional \$1 more each per person.

PASTAS: Penne, Bowtie

OPTIONAL PASTAS: Fettuccini, Tortellini

MEATS: Grilled Chicken, Ham

OPTIONAL MEATS: Proscuitto, Shrimp, Salmon

VEGETABLES: Carrots, Mushrooms, Broccoli, Zucchini, Squash,

Tomatoes

OPTIONAL VEGETABLES: Snow Peas, Olives, Sun Dried

Tomatoes, Asparagus

SAUCES: Alfredo, Marinara, Pesto

OPTIONAL SAUCES: Marsala Wine Sauce



MEAT CARVING STATION



MEAT CARVING STATION | STARTING AT 26.00 PER PERSON

MEAT CARVING STATION INCLUDES YOUR CHOICE OF TWO HOT AND TWO COLD HORS D' OEUVRES (\$3.00 AND UNDER), ROASTED YUKON OR MASHED POTATOES, DINNER ROLLS & BUTTER, YOUR CHOICE OF A GARDEN OR CAESAR SALAD, COOKIES & BROWNIES, BOTTLED WATER & ASSORTED SOFT DRINKS (1 BEVERAGE PER PERSON) AND WHITE PLASTICWARE. CLEAR PLASTICWARE AVAILABLE FOR AN ADDITIONAL \$0.50 PER PERSON.

MEATS ARE CARVED TO ORDER BY A PROFESSIONAL & FRIENDLY MEAT CARVER. LABOR IS NOT INCLUDED. PLEASE SPEAK WITH YOUR MIZUNA COORDINATOR FOR LABOR CHARGES.

CARVING STATION MEATS

Slow roasted top round of beef, seasoned with herbs & served with a thickened au jus, Slow roasted fresh rosemary turkey breast with homemade turkey gravy, and Baked pit ham served with our pineapple glaze.

UPGRADE YOUR CARVING STATION WITH THESE OPTIONAL MEATS:

ROASTED FILET MIGNON | 11.00 MORE PER PERSON

served with rosemary demi glace & horseradish cream sauce.

FRESH GRILLED MAHI MAHI | 11.00 MORE PER PERSON served with homemade mango salsa.

GRILLED ATLANTIC SALMON | 10.00 MORE PER PERSON *served with fresh pineapple salsa.*

THEME PRESENTATIONS ACTION & CARVING STATIONS ORIENTAL WOK STATION OMELET STATION



ORIENTAL WOK STATION | 26.00 PER PERSON

ORIENTAL WOK STATION INCLUDES YOUR CHOICE OF TWO HOT AND TWO COLD HORS D' OEVURES (\$3 AND UNDER), DINNER ROLLS & BUTTER, AN ORIENTAL SALAD WITH 3 ASIAN DRESSINGS, COOKIES, BROWNIES & FORTUNE COOKIES, BOTTLED WATER & ASSORTED SOFT DRINKS AND WHITE PLASTICWARE. CLEAR PLASTICWARE AVAILABLE FOR AN ADDITIONAL \$0.50 PER PERSON.

WOK STATIONS ARE COOKED TO ORDER BY PROFESSIONAL & ENTERTAINING COOKS. LABOR IS NOT INCLUDE IN THE PRICE PER PERSON. PLEASE ASK YOUR MIZUNA COORDINATOR FOR MORE INFORMATION.

MEATS: Beef, Chicken & Shrimp

VEGETABLES: Zucchini, Squash, Peppers, Carrot, Bamboo

Shoots and water chestnuts

SAUCES: Sesame, Teriyaki, Sweet & Sour

SIDES: White Rice, Fried Rice, Lo Mein Noodles



OMELET STATION | 18.00 PER PERSON

ALL OMELET STATIONS INCLUDE BREAKFAST POTATOES, DANISH, DONUTS, MUFFINS & FRESH BAGELS, A FRESH FRUIT TRAY, BOTTLED WATER AND FRUIT JUICES, REGUAL & DECAF COFFEE AND WHITE PLASTICWARE.

OMELETS ARE COOKED TO ORDER BY A PERSONABLE & PROFESSIONAL MIZUNA COOKS. LABOR IS NOT INCLUDED IS THE PRICE PER PERSON.

OMELET FILLINGS INCLUDE: ham, bacon, sausage, peppers, onions, mushrooms, tomatoes, fresh spinach, broccoli, american, colby & pepperjack cheeses and is served with fresh salsa, sour cream & ketchup on the side.



NOTABLES

Mizuna catering can coordinate the rental of tents, tables, linens, chairs, china, etc. Your Mizuna Event Coordinator will customize a proposal to meet all of your needs.

Mizuna Catering can provide bartending service (\$30 per hour). However, you must purchase your own alcohol.

Mizuna Catering accepts checks, Visa, MasterCard and American Express.

Vegetarian versions of most of our food selections are available. We can accommodate any special dietary need.

ANY CHANGES OR CANCELLATIONS MUST BE COMMUNICATED TO, AND CONFIRMED BY, YOUR MIZUNA EVENT COORDINATOR AT LEAST 48 HOURS PRIOR TO THE DATE OF THE EVENT. FAILURE TO DO SO WILL RESULT IN CANCELLATION FEES.

A SERVICE CHARGE IS APPLIED TO ALL PARTIES ON WEEKENDS AND HOLIDAYS, AND WEEKDAYS BEFORE 7AM AND AFTER 5PM. THIS CHARGE DOES NOT COVER GRATUITY FOR EVENT STAFF OR DELIVERY PERSONNEL.

Any equipment not returned to Mizuna Catering will be billed accordingly. (Metal serving utensils, glass bowls, silver serving trays, coffee carafes, chafing dishes, etc.

CHECK OUT OUR OTHER RESTAURANTS!! CATERING AVAILABLE!!



11 West Gay Street West Chester Pa 484.631.1006

Main Street at Exton 610.363.5220

301 West State Street Media Pa 484.840.3339

148 West State Street In the Market at Liberty Place 484.732.7162